

# POWERFLEX®

## PART NUMBER

# PFF1-1120

## DESCRIPTION

## LOWER REAR ENGINE MOUNT INSERT

## INSTALLATION GUIDE

### Contents (parts per pack):

1 x Polyurethane Insert

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.

It is recommended that:

- all work to be carried out by a licensed technician;
- all safety precautions adhered to;
- wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.

### Fitting Instructions:

1. Remove sub-frame brace by unbolting the two bolts with 16mm socket (Figure 1).
2. Remove two nuts from down-pipe flange with 12mm socket to allow down-pipe to be separated from catalytic converter/manifold (Figure 2).
3. Remove exhaust retaining bolt from sump with 15mm socket, allowing exhaust pipe to drop away from engine (Figure 3).
4. Using an E18 socket and 18mm open-ended spanner, remove the bolt holding the mount to the gearbox.
5. Remove the final E18 bolt securing the mount to the car body.
6. Slide the engine mount forwards and downwards to remove it from the car.
7. Clean away any excess oil or grime from the rubber section of the bush.
8. Push the polyurethane insert into the voids in the mount, from the top side.
9. Gently tap the mount back into place.
10. Refit all other parts in reverse order, and tension all hardware to manufacturers recommended torque settings.



Figure 1: Sub-frame brace bolt (brace may look different on some models)



Figure 2: Down-pipe flange bolts (may vary on Diesel Models)



Figure 3: Exhaust retaining bolt (may vary on Diesel Models)

