

# POWERFLEX®

PART NUMBER  
**PFR5-419**

DESCRIPTION  
**REAR SUBFRAME FRONT MOUNTING INSERT**

## INSTALLATION GUIDE

### Product description:

Powerflex subframe inserts are designed to fit into and fill up the voiding on the original bush offering an easy to fit cost effective method of holding the subframe in position and reducing movement when cornering hard making the car feel more positive.

### Contents (parts per pack):

4 x inserts, 2 x A inserts & 2 x B inserts  
1 x grease

*Please read the complete fitting instructions and check package components before fitment.*

*These fitting instructions are to be used as a guide and in conjunction with workshop manual.*

*It is recommended that:*

- all work to be carried out by a licensed technician;
  - all safety precautions adhered to;
  - wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.*

### Fitting Instructions:

1. Support the sub frame, remove the front sub frame mounting bolts and loosen the rear mounting bolts enough to allow the front of the sub frame to be lowered.
2. Smear some of the supplied grease onto the legs of the inserts. The shorter insert fits in from the top, the longer insert fits in from the bottom. Orientate the insert so the legs and cutouts line up with the voids and push the inserts in.
3. Use the original lower washer/plate.
4. Bolt the sub frame back into position tightening all bolts.
5. Road test vehicle.

